

Rope Rodeo stations

Litter Rigging - for vertical (depends on how many people and their skills. May not need or be able to do this station)

Basic ties - (demonstrate all three)

- Water knot/ring bend
- Figure 8 ft
- Figure 8 bight

Intermediate ties - (demonstrate both)

- Bowline
- 2 loop figure 8

VT and Asymmetric prusik - (successfully demonstrate both)

Basic Anchors (in teams of 2 or 3) (demonstrate both)

Wrap 3 pull 2

Bowline around something

Improvised Chest Harness. The skill is to put on an improvised chest harness and connect it to a manufactured waist harness, as in prepping for helo hoist.

3:1 MA (in teams of 2 or 3)

5:1 MA (in teams of 2 or 3)

Descent Control System

Create a pretend anchor from which to set up the system

Attach double length runner tied in the middle to the focal point

Attach DCD, redirect and hands free back up

Notes: We didn't do the litter rigging. We had 20 some people and everyone was busy for nearly two hours. I believe we would have kept going had I not called it due to the lateness of the hour.