

General Meeting Minutes 3/5/2015

Highline training: Don't wear your old harness. We did a Kootneay highline training at the Buttermilk waterfall. Everything went surprisingly smoothly despite all the complications of being divided up on two different sides of the gorge. There were rainbows and rain and we practiced lowering and raising down to the bottom of the canyon from the highline. Good turnout.

SEKI winter training: it was a beautiful, flowery, green meadow so they ditched the winter part. Everyone else was a park medic plus a couple sheriffs and ER doctors so everyone had tons of experience and made it an excellent training. Matt and Julia got to use the gamma bag, and learned that it's completely fool-proof. You just have to be careful releasing the pressure and don't want to tap on it when it's inflated. So we should do a training on it and use it on missions where it would be useful. On the last day they did scenarios and did a multiple casualty incident which was useful. Other takeaways: buy a pelvic splint--very useful and easy and light and necessary; full vacuu-splint is totally ok for backboard; if you have a patient you need to give O2 to it's best to give them a really low flow of oxygen all night than to run out of oxygen midway through--so put it on the lowest possible setting so they stay at a steady rate is better than changing the rate around.

Thursday trainings: Mass avalanche training from Sue of ESAC came and talked about the idea of what we would do if there were an avalanche in somewhere like Aspendell where no one is wearing beacons and you don't know how many people there are. Also Ventura SAR talked about their experience in a mass mudslide in 2005 dealing with a similar situation.

Final high angle training before the recert: It was cold. The goal was to run through a lot of different tasks. We learned a lot about how hard it is to set up a scenario and that confusion took us a while to actually get to the patients. But eventually we got everything set up and did a good job of executing our tasks. In the lowering of the litter there was a roof that made for a scary, but not unsafe drop. Having a spotter could have been better and we should have put the litter attendant in charge of calling the shots to help prevent that in the future. We got to try a high directional. Helmets--Rigging for Rescue was very loose about helmets--you only need them if you actually need them. But we didn't put a helmet on a patients and we could get knocked big for that on the recert. It would be fun to try that scenario again with a vertical litter.

March 14 is the next winter race series.

Ed is gone for the next 8 weeks so if you have any money requests talk to Elsbeth. If you need to buy anything, feel free to get the debit card from her so you don't have to shell out your own money initially.

May 9 will be CPR/First Aid. \$45/person. Team will probably pay for it, so long as you're an active team member.

The recert this weekend: We need to take our own water and we can only bring in 3 vehicles into the campsite as well.

Bring food for Sunday and lunch on Friday. Everything else should be taken care of. Maybe bring some snacks as well.

Bring satellite phone. Bring real radios as well as the walkie-talkies.

Bring all the ropes.

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